



<b>Forum Area or Division:</b>	Allerdale - Workington Together Community Panel
<b>Reference:</b>	CCGA/2029-24
<b>Group Name:</b>	St. Mary's PCC
<b>Community Development Officer:</b>	Carole Tubman
<b>Community Development Assistant:</b>	Joanne McKenna
<b>Amount Requested:</b>	£3,050.00
<b>Total Project Cost:</b>	£11,000.00

## APPLICATION REPORT

### Application Summary

St. Mary's Church, Westfield is a valued part of the local community and has links with local schools, the housing associations and people who live in supported living accommodation and care homes. During December over 800 people used our church and parish centre.

The site is situated in an area with a high density of housing and local families. The development of our community garden would enable residents to have accessible greenspace within 15 minutes of their house, a national target. Through this project we will encourage the community to use the garden and thus improving mental and physical health in Westfield. Westfield is an area that experiences high levels of food insecurity. Through training held at the garden to enable residents to grow food and using the food taught how to cook the produce to make healthy meals.

Working with local schools we would hope for pupils to be able to come and take part in growing sessions.

The community garden has a performance area which we would encourage to be used by local residents and the schools.

Hand drumming has been found to be beneficial to mental health and those recovering from trauma. John Murphy a mental health professional with over 35 years of working in the NHS is a hand drumming facilitator and will run the Community Drum Circle.

Both these projects will bring the local community together in new ways. For people who enjoy gardening there is an opportunity to become part of Friends of Westfield Community Garden and for the Community Drum Circle there will be opportunities to perform at local events.

We will enable gifting of leadership and organisation to be recognised in residents, offering opportunities to be part of future planning and facilitating.

### Key Themes Met

Supporting communities to help themselves.  
Reducing food poverty.

### Number of People Benefiting

100 +

### Breakdown of Project Costs

Garden parasols £374.97  
Cold frames £239.98

Wheel barrows £179.98  
Benches £578.40  
Tools £705.21  
Hand drums £1340

**Previous CCC Funding**  
None

**Grant Amount Recommended**  
£3050

**Officer comments**  
The project meets investment criteria. £1267 of the project costs to be funded from COMF

**Comments from Elected Member(s) / Neighbourhood Forum / Grant Panel**

**Member Signature:**

**Date:**